

St. Peter and St. Paul Orthodox Church

*A parish of the Diocese of the Midwest
Orthodox Church in America*

Fr. Herman Kincaid, Acting Rector

Office hours by request

frherman.kincaid@gmail.com

Rex Denkmann, Council President

630-789-9331

John Sutko, Choir Director

708-424-3592

Great Vespers followed by confessions: Saturdays 5:00 pm

Panikhidas served by request at 4:30 pm

Divine Liturgy: Sundays 9:30 am

Hours begin at 9:15

Additional Upcoming Services

- Tonight:** Chicago Deanery Mission Vespers, 6:00 pm at Protection of the Virgin Mary. 8600 Grand Blvd Merrillville IN 46410 -- Maps are available in the entrance. **Sermon Theme:** "*The Good Shepherd: Looking at the lives and work of good shepherds in the history of the Church.*" Refreshments and fellowship to follow.
- Wednesday:** **Feast of the Annunciation of the Most Holy Theotokos.**
Vesperal Liturgy at 7:00pm.
Fast after a light lunch.
Confessions will be heard from 6:00pm to the start of the service.
- March 28th:** **Soul Saturday Divine Liturgy** will be celebrated on **March 28th** at 9:30 am. Please bring the names of your departed loved ones on those days. **All names received for Panikhida requests up to March 1st will be commemorated during this Memorial/Soul Saturday Liturgy. Memory Eternal!**
- March 29th:** Chicago Deanery Mission Vespers, 6:00 pm at Sts. Peter and Paul.

The Orthodox Church humbly, yet confidently professes to be the Church of Christ, founded on the apostolic witness to our Lord, born on the Day of Pentecost, and for 2,000 years making known to men, women, and children the path to salvation through repentance and faith in Jesus Christ.

PRIEST CONTACT CARD



Name(s): _____

Phone #: _____ **Email:** _____

Home Address: _____

- I am a visitor**
- I would like Fr. Herman to contact me**
- Other:**

Please tear here and place in the offering plate or return to a greeter

Announcements

Want something announced? Please submit requests to Fr. Herman no later than Wednesday.

- Today we will be having our monthly Charity collection. Please give as you are able. Donations from this month's collection will be going to offset the cost of the Chicago Deanery Youth Camp for those of our youth who are interested in attending.
- We will be hosting Mission Vespers on Sunday March 29. If you would like to sign up to bring food for the Lenten meal afterwards, please see Linda Ciolino. **Please make sure your dish conforms to the fasting guidelines of the Church and is prepared with NO meat, dairy, eggs, or fish (shrimp is allowed).**
- On April 11th (Lazarus Saturday), the Reader John (Ken) Kornafel will be ordained to the Holy Deaconate by His Eminence, Archbishop JOB. *Congratulations to Ken and his family!* On that day the Archbishop will also install Father Herman as Rector of St. Peter and St. Paul Church. This is a special day in our parish family life! Please make every attempt to attend as we welcome our Archpastor! More details will be posted in the coming weeks.
- Thank you to all of those who donated their time and talents to help make last week's Lenten Dinner a success. The dinner made a profit of \$218.31 which will be applied to the Mortgage Reduction Fund.
- Fr. Herman will be meeting with all church school teachers after church school on Sunday, April 5th to discuss plans for the Fall. If you cannot stay for the meeting please let him know.
- A donation for decaf coffee is needed for coffee hour. If you would like to donate please see Linda Ciolino.

March 22nd, 2009
Liturgy of St. Basil

You may have noticed the prayers read by Fr. Herman during Liturgy are longer than usual. This is because we celebrate St. Basil the Great's liturgy during Great Lent, noticeably longer than that of St. John Chrysostom, celebrated on non-Lenten Sundays.

Saint or Feast of the day:

**THIRD SUNDAY OF LENT —
Veneration of the Cross.**

Hieromartyr Basil of Ancyra (362-363).
Martyr Drosida, daughter of Emperor Trajan (1st-2nd c.).
Ven. Isaac, Founder of the Dalmatian Monastery at Constantinople (4th c.).
Monk Martyr Euthymius of Prodromou (Mt. Athos—1814).

Scripture Readings
of the day:

Hebrews
4:14 – 5:6
(Epistle)

Mark 8:34 – 9:1
(Gospel)

Consider reading the commentaries for these readings in the Orthodox Study Bible when you have time at home.



Troparion & Kontakion

Tone 7
(Resurrection)

By Thy Cross, Thou didst destroy death!
To the thief, Thou didst open Paradise!
For the myrrh bearers, Thou didst change weeping into joy!
And Thou didst command Thy disciples, O Christ God,
To proclaim that Thou art risen,///
Granting the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit...

Tone 7
(Resurrection)

The dominion of death can no longer hold men captive,
For Christ descended shattering and destroying its powers!
Hell is bound, while the prophets rejoice and cry:
The Savior has come to those in faith,///
Enter, you faithful, into the Resurrection!

Now and ever, and unto ages of ages. Amen...

Tone 8
(Veneration of the Precious Cross)

O Lord, save Thy people,
And bless Thine inheritance.
Grant victories to all Orthodox Christians,
Over their adversaries.
And by virtue of Thy Cross,///
Preserve Thy habitation!

Please offer your voices in song and praise using the above texts. Let us all join the angels in praise!

Please remember in your prayers...

If you would like a prayer request submitted to the bulletin, please see Fr. Herman

- The Taylors (our seminarian family)
- Catechumens: Anya, Donna
- Shut-ins: Betty Cramp, Mary Conrad, Mary Garstka, Mary Biernat, June Radini, Ed Lazo, Michael Mikula
- Employment: Catina
- Health: Julia, Kenneth, Wanda
- Memory Eternal:

George, Patrick, Bernice

Altar candles and supplies donated...

For the health and salvation of:

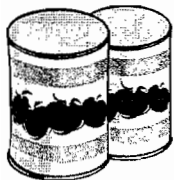
*Ella Sauskojus
Mary Novak
Marie Fidyk
Ava Elisabeth (3rd B-Day)
John Sutko
Pauline
Paula*

In memory of:

*Fr. Stephen
Joseph Novak Jr
Dennis Tarandy
Genard Vinogradow
Willy Taulien
Edward Sulima
Lillian Sulima*

If you would like to donate, please see the sign up sheet in the entrance of the church.

Community Outreach



We are partnering with Hinsdale Community Service by collecting food for their food pantry in Westmont. There is a receptacle in the entryway where you can place donated items. This is a great and easy way for us to reach out to our community and help those in need. Items needed include: non-perishable food items, cleaning products, diapers and personal hygiene products. For more information visit www.hinsdalecommunityservice.org

"To feed the hungry in the name of Christ is a work greater than raising the dead in Christ's name." -- Saint John Chrysostom

Sunshine Committee

A new ministry has been formed that is dedicated to bringing a little sunshine to our shut-ins and those who are sick. This group will be in charge of sending flowers, mailing weekly bulletins, and making regular visits, among other things. If you have been doing this already, or would like to start, please see Sevasti Bergstrom.



Stewardship

Last Week

Offerings\$3,015
Flowers.....\$120
Candles/Donations.....\$193
Fellowship Hour &
Mortgage Fund.....\$183

TOTAL: \$3,511

May our Lord bless your
generous stewardship as
we return to God His
blessings to us!

Fr. Herman's Wish List

- Icon series for the
Sundays of Pascha
**Donated-THANK
YOU!**
- Icon series for the
Sundays of Great Lent
**Donated-THANK
YOU!**
- Winding Sheet
(*Plashchanitzza, Epitaphios*)

*If you would like to consider
donating these (or other)
items, please see Fr. Herman
for more information.
Thank you and God Bless!*



YOUTH CORNER

- Susie Burke is collecting dry, empty milk cartons to make bunny baskets for the children on Pascha. Please see her for more information.

COMING THIS FALL

Get ready! This fall, we will be starting a YOUTH GROUP for kids in 7th grade and up. We will have planned activities as well as WEEKLY meetings that focus on:

- **Spiritual Development:** *applying our faith to our everyday lives at home and at school*
- **Fellowship:** *hanging out and having fun in a safe, Christ-centered environment*
- **Outreach:** *being a light for Christ in our communities*

**Got questions? See Jessica Kincaid or Fr. Herman.
Keep an eye out for more information in the weeks and
months ahead!**

Memory Eternal

George Michaels, age 95 (father of Paula Ogurkiewicz), fell asleep in the Lord this past Thursday night. Please keep his wife Pauline and their family in your prayers. Services will be held at St. Panteleimon in Summit. More details will be forthcoming.

May his memory be eternal!

Pascha Flowers, Candles, and Altar Supplies



We are now accepting orders for those who would like to donate flowers, candles, or altar supplies for Pascha. **If you donate a lily you may take it home with you after Agape Vespers (April 19th).**

Please fill out and return the form below, with your donation, to Fr. Herman or Faith **no later than Palm Sunday (April 12th)**. If you use the donation envelope provided in your pledge box, please include this form.

_____	Lilies @ \$25.00 each
_____	Beeswax candles for tomb and altar @ \$50.00 each
_____	Paschal Troysa (Priest's candles) \$35
_____	Altar Wine @ \$65/case
_____	Incense @ \$55/pound
_____	Miscellaneous _____
_____	Total Enclosed

Donated for the health and salvation of: _____

Donated in memory of: _____

Name of donor: _____

Mark here if you would like your name published as a donor, otherwise your donation will be listed in the Paschal bulletin as anonymous.

A Message from Fr. Herman...
Church Etiquette using St. Ephraim's Prayer

During the Lenten season, the Church gives us the humble and prayerful words of St. Ephraim the Syrian. This great saint acquired the humility and love of our Lord through a life of repentance, alms giving and prayer. St. Ephraim's words teach us the purpose of our Lenten journey: **to focus on Christ**. This should be the focus of our entire life. The prayer of St. Ephraim is said at every Lenten service, but not on Saturday and Sunday, as these days are outside of the Lenten schedule. Too often we read this prayer (and others) without actually listening to the words. Below is a small commentary on this beautiful prayer and a reminder of how we should focus while in the temple.

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power and idle talk,

- This first line of the prayer reminds us of where our focus should be while in Church: on Christ, our Master and Lord. The actions of others (standing, sitting, walking, etc.) are not our concern. To focus on the actions of others is to ignore Christ and fall into judgment. We pray for our Lord to take from us the spirit of sloth (inclination to laziness), lust of power (earthly, sinful authority over others) and idle talk (gossip). St. Ephraim reminds us that a healthy life in Christ is one of vigorous, spiritual activity, even if it means forcing ourselves to pray (and attend services). We should not seek the approval of man; rather do all things to the glory of God. Finally, we are to refrain from gossip, which includes unnecessary talk while in Church. There is plenty of time during the week to "catch up" with others.

But give rather the spirit of chastity, humility, patience and love to Thy servant.

- The second line of this Lenten prayer is a list of virtues needed to replace the space left after sin is removed. These include a spirit of chastity (purity in conduct and intention), humility (opposite of pride) and love to Thy servant (love from Christ to us and His love in us toward others). As this prayer progresses, the degree of difficulty in executing these virtues increases. Do I keep my mind clear of impure fantasies, either inside or outside church? Do my actions and words conform to Gospel teachings? Do I value my own judgment and logic above the teachings of Christ? Who is my god? Do I love others as Christ loves each of us? These are all loaded questions, but they serve to help us evaluate our relationship with Christ and one another. (See the Gospel of St. John chapter 17).

Yea, O Lord and King, grant me to see my own transgressions and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.

- This last part of the prayer involves true humility: seeing ourselves as God sees us. What am I placing between myself and Christ? Between myself and others? Am I preventing true communion with Him and others? True humility is when someone sees themselves as God sees them, with no detail left hidden. If we honestly focus on how far we may be from the perfection found only in Jesus Christ, then we will not fall into judgment of others. Their progress is not for us to judge.

I pray your Lenten journey is filled with joy, love and peace. May St. Ephraim's prayer become the model for our entire lives! -- *With Love in Christ, Fr. Herman*